

# Being Sustainable in Halls



power to make a  
difference, no matter how  
small the action



## Energy Saving

We support sustainable living and expect you to try hard. To save on Flats that use an excessive amount may be charged.

### Energy saving tips

- ⌚ Minimise your electricity usage on the following objects
- ⌚ Shut windows & draw curtains to help keep in heat from the day
- ⌚ Use a lid on your cooking pots to help retain heat
- ⌚ Switch off lights, TVs, Microwaves, PCs and others when not in use
- ⌚ Ask your friends if they also want a cuppa; is it only what you need?
- ⌚ Put on full loads of washing to avoid water and energy wastage

We partner with NUS and Student Switch Off, with competitions in all halls. Win prizes & make a difference! Did you know that between 2015 and 2019 students saved 68,062 kWh that is the equivalent to boiling a kettle for cups of tea!

## Recycle & Segregate Correctly

Use your room's recycling bins and empty them with the recycling cleaners on a weekly basis. If it gets full before this time, you are expected to do this yourselves.

### Recycling tips

- ♻️ Always check the bin posters in your kitchen.
- ♻️ Always wash your recycling bins once in a while to keep them clean.
- ♻️ Create a rota to share responsibilities.
- ♻️ Remember your room;
- ♻️ Get creative; upcycle or create a hoop to dunk your next recyclable
- ♻️ Double check; 70% of waste could be recycled. Is it the right bin?

You are responsible for taking general rubbish to the general waste bins. Small basket bins are in your room. Remember to recycle your bins!

## Consider your purchases

Always think, do you need it or are alternatives available? We can save money and help the environment, from clothes to food.

### Responsible purchases

- 🛒 Check for the Fairtrade, FSC or other accreditations on products
- 🛒 Buy local and fresh meat

## Reduce water consumption

Water is essential in the 70% of our diet is increased in water but 2.5% is drinkable and 1% easily accessible.

### Water reducing tips

- 💧 Have shorter showers; 21 glasses of water
- 💧 Plug it or bowl it; do not leave taps running when washing up
- 💧 Share the load; consider a washing machine for a full load of clothes
- 💧 Use enough; put a lid on saucepans to save on evaporation loss
- 💧 Drink enough; plants will love the leftover water from your glass

Did you know that according to Waterwise a dripping tap if left can waste 5,000 litres of water every year? That is the amount of one pint per day! Imagine pouring a pint and watching it drain away; no one wants that!

## Use public transport, walk or cycle

What good connectivity between our services; but how we as individuals use all these travel methods sustainably?

### Transport tips

- 🚌 Use the intercampus buses; they are frequent, efficient and social
- 🚲 Cycle locally; all new bikes have a built-in bike repair kit
- 🚗 Share the car; offer your friends a lift
- 🚶 The freedom of walking; there are plenty of parks and services nearby
- 🚗 Mix it up; once your timetables are set to work, it's the most efficient
- 📱 Use technology; apps like BetterPoints give rewards for avoiding the car

Did you know over 60% of 1-2 mile journeys are made by car? Have you calculated costs of fuel & parking? Catalytic converters pollute more under 5 miles. Can you travel differently?

## Caring for the environment & yourself

Outdoor exercise can provide relaxation, fresh air and natural spaces to enjoy. We can help ourselves and our surrounding wildlife by:

### Environment tips

- 🌱 Do not litter; plenty of bins are available in and outside
- 🌱 Cigarette butts will leach chemicals and include plastic; use the bins
- 🌱 Chewing gum

