

## STAART Workshops

The following workshops are available for any post-16 person considering university. The workshops can be delivered on campus or in schools/colleges /remotely by myself and/or our STAART Ambassadors . All of the workshops are interactive utilising Mentimeter software.

Title	Content	duration
MyStudyBar	Introduction to free learning technology which includes mindmapping, speech to -text, text- to -speech, colour overlays and bespoke databases of vocabulary.	60/ 90 mins.
Thrive not Strive	Academic, social and wellbeing tips for university	60/ 90 mins.
STEMM@uni	Academic, social and wellbeing tips for STEMM subjects in university	60/ 90 mins.

Know